

## Appendix 7: Mapping

**Table A7.1: Food translations/mapping used for the dietary intake estimates**

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting
<b>Beverages, alcoholic</b>	Beer, regular alcoholic	All "beers"	Beer
	Wine, white	All "white wines" and de-alcoholised and non-alcoholic wines	Wine
<b>Beverages, non-alcoholic</b>	Orange juice	All fruit and vegetable juices and fruit and vegetable juice products+, squeezed juices and cordials	Juice
	Soft drink	All cola soft-drinks and non-fruit flavoured drink bases All non-cola soft-drinks, flavoured mineral waters and electrolyte drinks	Soft Drink bases
	Soy beverage	All soy beverages, soy based cheese and soy based ice confection	Soy beverage
	Tea	All tea and coffee	Tea
	Water, tap	Tap water, water in a beverage, water as an ingredient in recipes	Tap water
	Water, bottled	Mineral water, natural Soda water	Bottled water
<b>Cereal and cereal products</b>	Biscuit, savoury	All savoury biscuits	Savoury biscuit
	Biscuit, sweet, plain	All sweet biscuits, slices, scones	Sweet biscuit
	Bread, white	All "regular breads, and rolls", "english-style muffins", "crumpets", "flat breads", "buns and yeast-based products (uniced)", "batter-based products", "fancy breads", "bread-based stuffings", "tortilla, taco shells, and corn bread". Doughnuts, yeast type (excludes cake type) Unfilled pancakes, crepes and pikelets, except home-made pancakes/ pikelets/ crepes and pancakes/ pikelets/ crepes made from dry mix Waffles	Bread

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting	
<b>Cereal and cereal products (cont'd)</b>	Bread, wholemeal	All wholemeal, rye and pumpnickel breads, and rolls, english-style muffins, crumpets, flat breads, buns and yeast-based products (uniced)", "fancy breads.	Bread	
	Bread, multigrain	All mixed grain breads and rolls	Bread	
	Breakfast cereal, mixed grain	All "breakfast cereal, breakfast bars" and all muesli bars except-chocolate chip Muesli slices, and fruit-containing slices, biscuits and scones	Cereal	
	Breakfast cereal, single grain	Single grain corn, rice, wheat and oat bran based	Cereal	
	Cake chocolate, iced	All iced cakes and muffins, excluding dry mixes, muffins/cakes made from dry mixes, and home made muffins/cakes All commercial uniced fruit cakes, sultana cakes, and dried fruit containing cake-style desserts Lamingtons and lamington style sponges Cake-type desserts Cake type donuts	Cake	
	Oats, rolled	All cooked and raw oats	Oats	
	Pasta, white	All "pasta and egg noodles", except filled pasta All "Noodles, Asian style"	Pasta	
	Rice, white	All rice, rice noodles, rice crackers, rice cakes, rice salad and risotto	Rice	
	<b>Condiments</b>	Salt, iodised	All salt	Iodised salt*
		Sauce, tomato	Tomato sauce, Barbecue sauce	Tomato sauce
<b>Dairy products</b>	Cheese, cheddar,	Ripened cheeses	Ripened cheeses	
	Cheese, cottage	Unripened cheeses	Unripened cheeses	

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting
<b>Dairy products (cont'd)</b>	Cheese, processed, type	All processed cheeses, cheese spread	Processed cheese
	Cream, pure (not thickened)	All cream (whipped, thickened, sour)	Cream
	Ice Cream, full fat vanilla	All ice cream including reduced fat, water ice confections and frozen desserts.	Ice cream
	Milk, full fat	All milk fluids whole including flavoured milks and goats milk	Milk
	Milk, modified, low fat	All milk fluids reduced or low fat	Milk
	Yoghurt, fruit flavoured full fat	Yoghurt (plain, flavoured, frozen, full fat, skim), yoghurt beverages, and yoghurt dips.	Yoghurt
<b>Eggs</b>	Eggs, boiled	All eggs	Eggs
<b>Fats and oils</b>	Butter, regular	Butter (regular, flavoured, reduced salt, salt free)	Butter
	Dairy Blend (not reduced fat)	Dairy blend spreads Dairy blend with vegetable oil	Dairy blend
	Margarine spread, polyunsaturated	All "margarines" Fat, ns as to fat/veg oil/spread, domestic, used in cooking.	Margarine
	Oil, canola	All vegetable, nut and seed oils	Oil
<b>Fruit</b>	Apples	All cooked and raw apples, pears, and quince.	Apple
	Avocado	Avocado	Avocado
	Bananas	Bananas, Custard apple, Star fruit, Guava, Jackfruit, Kiwi fruit, Fig, Passionfruit and Chilli.	Banana
	Grapes, green, seedless	All fresh grapes	Grapes
	Mango	All Mango, fresh pawpaw, pepino, rambutan and tamarillo	Mango

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting
<b>Fruit (cont'd)</b>	Orange	All citrus fruit	Citrus fruit
	Peach, canned in natural juice	Canned stone fruit	Canned stone fruit
	Peach, fresh	Fresh stone fresh	Fresh stone fruit
	Pineapple, fresh	Pineapple	Pineapple
	Strawberries	All berries	Berries
	Sultanas	All dried fruits	Dried fruit
	Watermelon	All melon	Melon
<b>Infant foods</b>	Infant Cereal, mixed	All infant cereal	Infant foods
	Infant Dessert, dairy based	All infant dessert	Infant foods
	Infant Dessert, fruit	All infant fruits	Infant foods
	Infant Dinner, containing meat, chicken or fish	All infant dinner	Infant foods
	Infant Formula, powder, cow's milk based	Powder Infant Formula, cow's milk and soy based	Infant foods
<b>Meat and meat products</b>	Bacon	Bacon and cured pork products	Bacon
	Beef steak, rib/ribeye/sirloin, grilled	All beef and veal meat	Beef
	Chicken, breast, fillet	All chicken "raw", "cooked", "smoked", "deli sliced" All duck, quail, emu	Chicken

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting
<b>Meat and meat products (cont'd)</b>	Ham, leg	Ham and other deli meats (including silverside, turkey, chicken)	Deli meat
	Lamb Chops, loin, grilled	All lamb	Lamb
	Liver, sheep	All Liver Chicken liver pate	Liver
	Pork Chops, grilled	All pork meat (except cured products)	Pork
	Sausages, beef	All "sausages" and sausage patties All plain "frankfurts, and saveloys"	Sausages
<b>Nuts, seeds &amp; legumes</b>	Almonds	All nuts Fruit & nut mix	Nuts (except peanuts)
	Baked beans, in tomato sauce, canned	Baked Beans	Baked beans
	Coconut, desiccated	All coconut flesh and liquid	Coconut
	Peanut butter	All peanuts and peanut products	Peanuts
<b>Seafood/ seafood products</b>	Fish, battered, takeaway	All fried fish fillets	Battered fish
	Fish, crumbed, oven bake	All crumbed fish	Crumbed fish
	Fish fillets	All other fish	Fish
	Prawns, cooked	All cooked and raw crustacean	Prawns
	Salmon, canned in brine	All canned Salmon	Salmon
	Tuna, canned in brine	Canned anchovy, herring, kipper, mackerel, pilchard, sardine and tuna.	Tuna
<b>Snack foods</b>	Potato crisps	All potato crisps and extruded snacks	Potato crisps

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting
<b>Sugar/ confectionery</b>	Chocolate, milk	Chocolate (bars, filled and coated) and chocolate confectionery	Chocolate
	Sugar, white	Sugars and related products, all lollies and other confectionery, compound yoghurts All toppings, jams and fruit spreads, jelly pavlova and ice	Sugar
<b>Takeaway/ fast food</b>	Hamburger	All hamburger and meat patties	Hamburger
	Pie, meat, individual size	Savoury pastry products - single crust, savoury pastry products - double crust Sausage rolls Pasties, meat and vegetable	Pie
	Pizza, meat & vegetable topped	All "pizza"	Pizza
<b>Vegetables</b>	Beans, green	All green, snake, butter	Beans
	Beetroot, canned	All beetroot	Beetroot
	Broccoli, cooked	All broccoli, Chinese broccoli, broccoflower, cauliflower	Broccoli
	Lettuce, raw	All lettuce, rocket and snow pea sprouts	Lettuce
	Carrots, cooked	Carrots and similar root vegetables (e.g. parsnips, radish)	Root vegetables
	Cabbage, cooked	All cabbage, kale, Jerusalem artichoke, Brussels sprouts	Cabbage
	Celery, raw	Celery and stalk vegetables (e.g. rhubarb), celery juice	Celery
	Cucumber, raw	All cucumber and fruiting vegetables (e.g. capsicum, eggplant)	Cucumber
	Mushroom	All mushrooms	Mushroom
	Nori sheets	All seaweed	Nori sheets
	Olives	All olives	Olives
Onions, cooked	Onions, leeks, and shallots	Onion	

Food category	ATDS Food analysed	NNS Foods represented	Food name for reporting
<b>Vegetables (cont'd)</b>	Parsley, fresh	All parsley, basil, chives and Chinese chives	Parsley
	Peas, frozen, cooked	All peas and snowpea pods	Peas
	Potato	All potato, sweet potato and turnip	Potato
	Pumpkin	All pumpkin, marrow, squash and zucchini	Pumpkin
	Spinach, fresh, cooked	All spinach, silverbeet and watercress	Green leafy vegetables
	Sweetcorn, kernels, frozen	All corn	Corn
	Tomatoes, raw	Includes cherry tomatoes, tomato juice, canned, cooked, dried, puree tomatoes and tomato paste	Tomatoes

\* All salt consumed was assumed to be iodised